

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHEN IS IT HARD TO HAVE PATIENCE?

Lined writing area for journaling.



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

Read Luke 2:25-28

As you read Luke 2:25-28, circle all the places that indicate that God was with Simeon. (Remember, God's Son and the Holy Spirit are also God!)

When Simeon finally gets to hold the Son of God in his arms, read what he said: *Now let me, your servant, go in peace. That is what you promised, (NirV).* Simeon had been waiting for this moment, and now it was here. But—look at all the circles you drew—while he waited, he was never alone.



Day 3

When you read Luke 2:25-35, it becomes obvious that Simeon had a deep relationship with God.

God speaks to Simeon through the Holy Spirit, and then when Simeon meets Jesus, his first response is to praise Jesus. They have an ongoing conversation.

That's all prayer is: talking to God, and listening to what He has to say! Sometimes we make it complicated, but it's really just a conversation with God.

What is something you're currently waiting on? Take a minute to think about it, and then fill in the blanks on this prayer before using it to start a conversation with God. He loves to talk with you!

"Dear God, thank You for always being with me. As You know, right now I am having a hard time waiting for _____. It's hard because _____. Please help me to be patient, and to remember that You are with me even while I'm waiting. In Jesus' Name, I pray, **amen.**"

Day 4

When you have to wait, remember God is with you.

"Remember God is with you" sounds simple, but it's easy to forget. One of the best ways to practice this is by intentionally noticing all the ways God is with you. In Simeon's case, he had the Holy Spirit speaking to him and leading him, and he was able to hold the very Son of God in his arms.

There are ways that God is with you too! Find someone who also trusts Jesus—it could be a parent, small group leader, a friend or sibling. Share with each other the ways that you see God is with you—and the ways that you see God at work in each other's lives as well. Think about everything from the small (He created chocolate!) to the big (He sent Jesus to save you!), and get specific. As you talk, take some notes about what you discover together and save the notes for tomorrow.



Day 5

When is it hard to have patience?

Make a list below of when it's hard for you to have patience.

Now, take a look at the list you made yesterday of the ways you know God is with you. Match those truths up with each situation you listed above. If you don't have an exact match, it's okay—it's not always obvious, but it is always true that God is with you!